

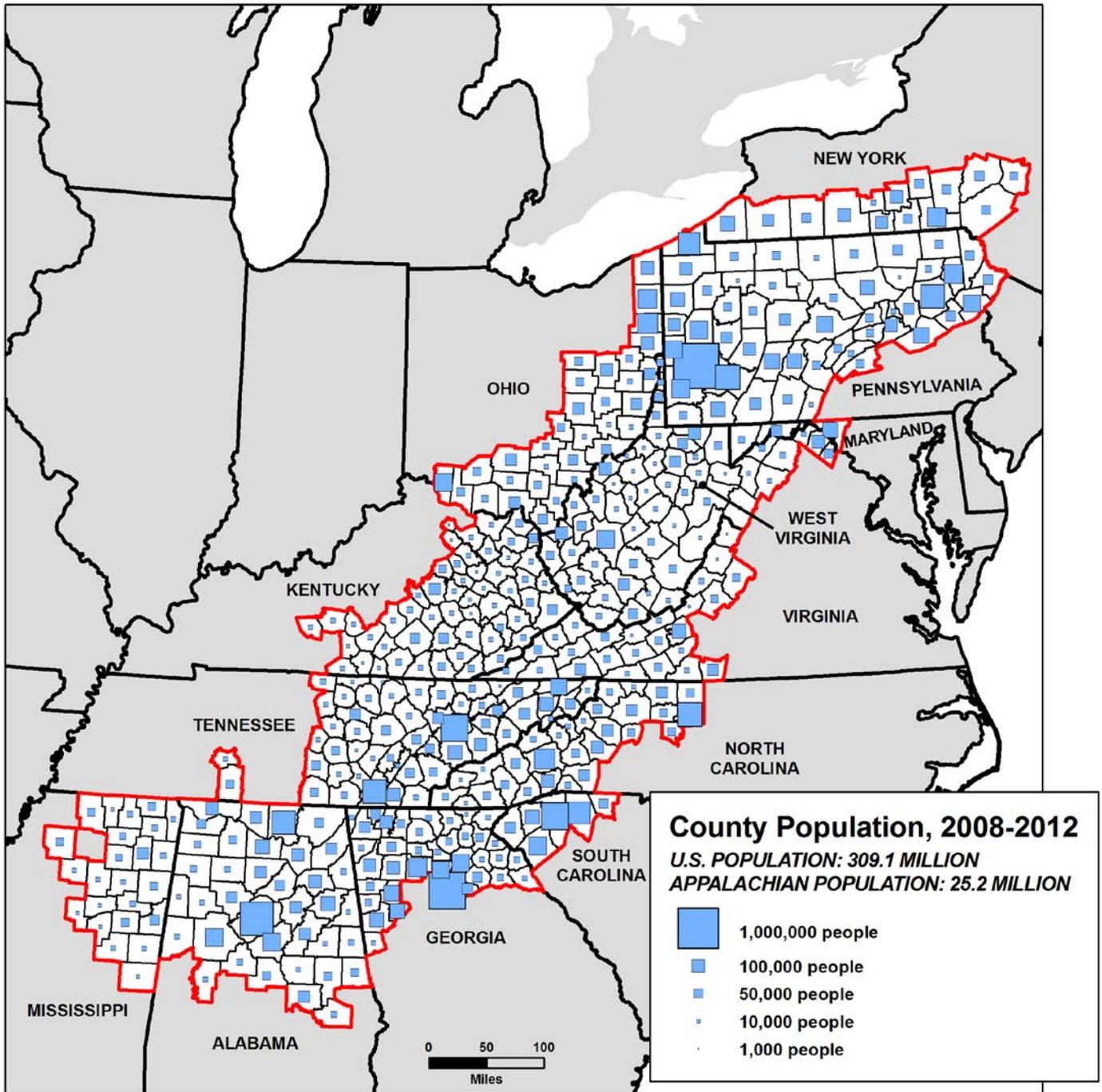
# CHAPTER 1: POPULATION BASICS

Table 1.1: Population, Land Area, and Population Density in the Appalachian Region, 2008-2012

Population, Land Area, and Density	Population, 2008-2012	Land Area (Square Miles)	Population per Square Mile of Land Area, 2008-2012
<b>United States</b>	<b>309,138,711</b>	<b>3,531,905</b>	<b>87.5</b>
<b>Appalachian Region</b>	<b>25,233,601</b>	<b>204,452</b>	<b>123.4</b>
<b>Subregions</b>			
Northern Appalachia	8,377,805	56,980	147.0
North Central Appalachia	2,420,540	29,337	82.5
Central Appalachia	1,915,597	29,773	64.3
South Central Appalachia	4,716,965	34,997	134.8
Southern Appalachia	7,802,694	53,365	146.2
<b>County Types</b>			
Large Metros (pop. 1 million +)	5,780,046	17,579	328.8
Small Metros (pop. <1 million)	10,184,048	50,179	203.0
Nonmetro, Adjacent to Large Metros	1,693,460	18,822	90.0
Nonmetro, Adjacent to Small Metros	5,039,432	69,090	72.9
Rural (nonmetro, not adj. to a metro)	2,536,615	48,781	52.0
<b>Alabama</b>	<b>4,777,326</b>	<b>50,645</b>	<b>94.3</b>
Appalachian Alabama	3,061,793	25,763	118.8
Non-Appalachian Alabama	1,715,533	24,882	68.9
<b>Georgia</b>	<b>9,714,569</b>	<b>57,513</b>	<b>168.9</b>
Appalachian Georgia	2,939,195	11,378	258.3
Non-Appalachian Georgia	6,775,374	46,135	146.9
<b>Kentucky</b>	<b>4,340,167</b>	<b>39,486</b>	<b>109.9</b>
Appalachian Kentucky	1,183,655	18,231	64.9
Non-Appalachian Kentucky	3,156,512	21,256	148.5
<b>Maryland</b>	<b>5,785,496</b>	<b>9,707</b>	<b>596.0</b>
Appalachian Maryland	252,606	1,529	165.2
Non-Appalachian Maryland	5,532,890	8,178	676.6
<b>Mississippi</b>	<b>2,967,620</b>	<b>46,923</b>	<b>63.2</b>
Appalachian Mississippi	628,451	12,400	50.7
Non-Appalachian Mississippi	2,339,169	34,523	67.8
<b>New York</b>	<b>19,398,125</b>	<b>47,126</b>	<b>411.6</b>
Appalachian New York	1,064,968	11,681	91.2
Non-Appalachian New York	18,333,157	35,445	517.2
<b>North Carolina</b>	<b>9,544,249</b>	<b>48,618</b>	<b>196.3</b>
Appalachian North Carolina	1,696,854	11,887	142.7
Non-Appalachian North Carolina	7,847,395	36,731	213.6
<b>Ohio</b>	<b>11,533,561</b>	<b>40,861</b>	<b>282.3</b>
Appalachian Ohio	2,038,670	15,978	127.6
Non-Appalachian Ohio	9,494,891	24,882	381.6
<b>Pennsylvania</b>	<b>12,699,589</b>	<b>44,743</b>	<b>283.8</b>
Appalachian Pennsylvania	5,789,026	36,444	158.8
Non-Appalachian Pennsylvania	6,910,563	8,298	832.8
<b>South Carolina</b>	<b>4,630,351</b>	<b>30,061</b>	<b>154.0</b>
Appalachian South Carolina	1,173,255	3,824	306.8
Non-Appalachian South Carolina	3,457,096	26,237	131.8
<b>Tennessee</b>	<b>6,353,226</b>	<b>41,235</b>	<b>154.1</b>
Appalachian Tennessee	2,786,292	20,119	138.5
Non-Appalachian Tennessee	3,566,934	21,116	168.9
<b>Virginia</b>	<b>8,014,955</b>	<b>39,490</b>	<b>203.0</b>
Appalachian Virginia	768,355	11,179	68.7
Non-Appalachian Virginia	7,246,600	28,311	256.0
<b>West Virginia (entire state)</b>	<b>1,850,481</b>	<b>24,038</b>	<b>77.0</b>

Data Source: U.S. Census Bureau, 2008-2012 American Community Survey.

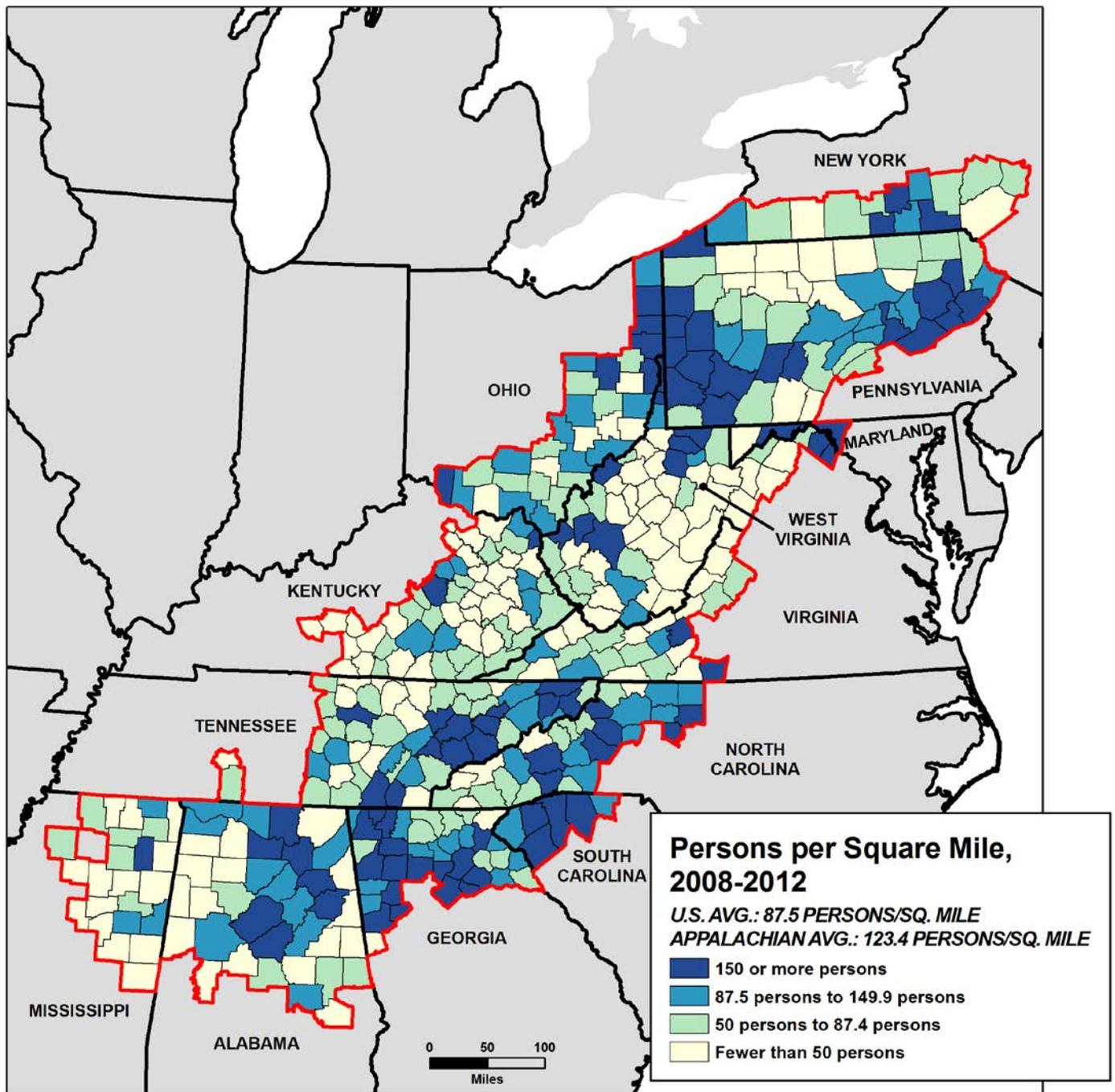
**Figure 1.1: Population Distribution in the Appalachian Region, 2008-2012**



Map Title: Population Distribution in the Appalachian Region, 2008-2012  
 Data Source: U.S. Census Bureau, 2008-2012 American Community Survey.

Of the 309.1 million persons in the United States during the period from 2008-2012, 25.2 million lived in the Appalachian Region. Yet the population of the Region’s 420 counties varied greatly. On one hand, two-thirds of the counties had populations of fewer than 50,000 people, and 125 counties had fewer than 20,000 residents. On the other hand, pockets of the Appalachian population lived in large and mid-sized metropolitan areas, including Pittsburgh, Birmingham, and the Atlanta suburbs. Allegheny County, Pa. (where Pittsburgh is located) had 1.2 million residents. It is important to note that the Appalachian population has continued to grow; the most recent population estimates indicated that the Region had 25.4 million residents in 2012 (out of 313.9 million nationwide), compared to 25.2 million in the 2010 Census.

**Figure 1.2: Population per Square Mile of Land Area in the Appalachian Region, 2008-2012**



Map Title: Population per Square Mile of Land Area in the Appalachian Region, 2008-2012

Data Source: U.S. Census Bureau, 2008-2012 American Community Survey.

While Appalachia's population density was noticeably greater than the United States as a whole over the 2008-2012 period, just two-fifths of the Region's counties had population concentrations at or above the national average. Most of the high-density counties were in metropolitan areas, both large (Pittsburgh, Birmingham, suburban Atlanta) and small (Winston-Salem, N.C.; Knoxville, Tenn.).