

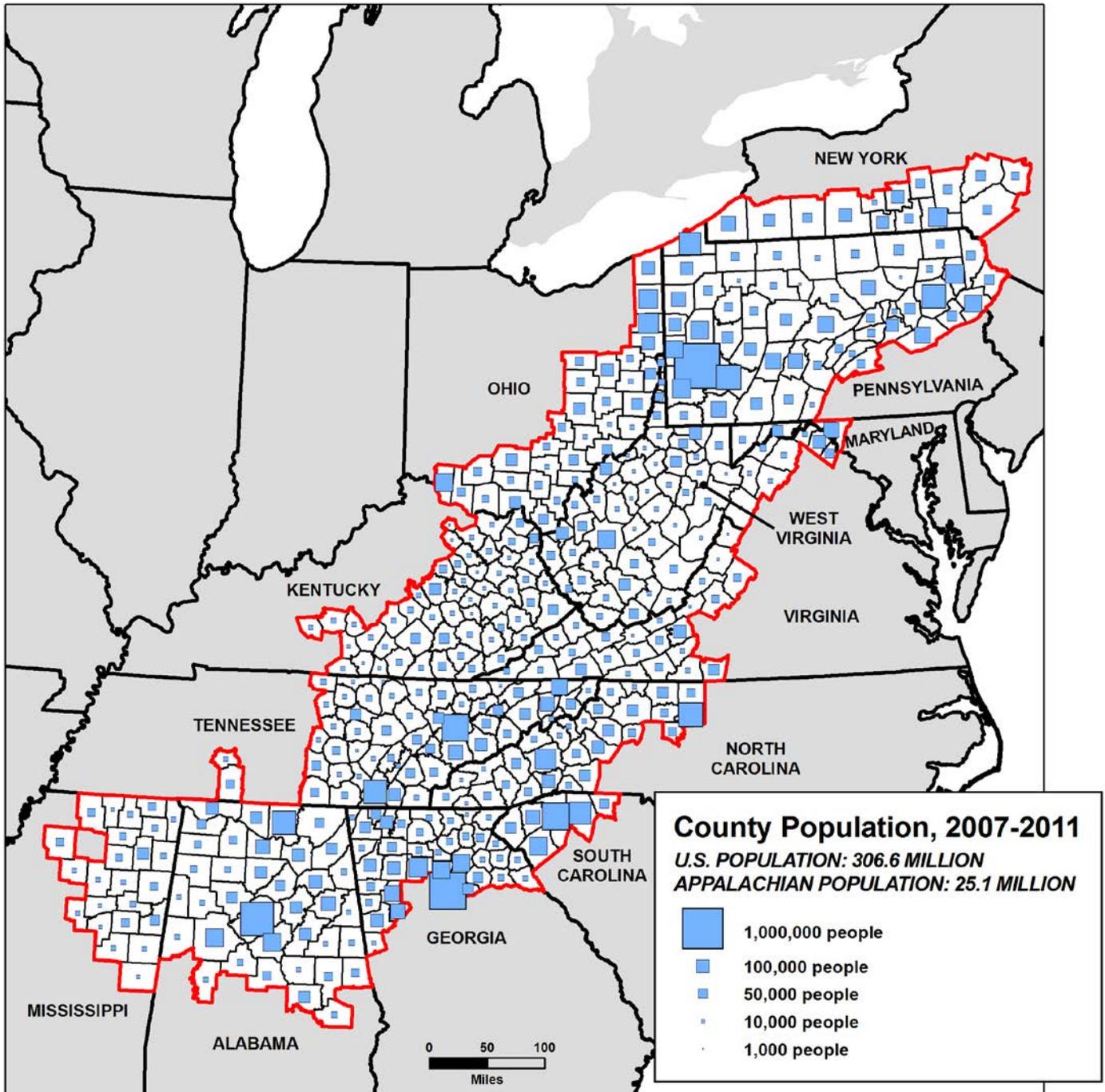
CHAPTER 1: POPULATION BASICS

Table 1.1: Population, Land Area, and Population Density in the Appalachian Region, 2007-2011

Population, Land Area, and Density	Population, 2007-2011	Land Area (Square Miles)	Population per Square Mile of Land Area, 2007-2011
United States	306,603,772	3,531,905	86.8
Appalachian Region	25,138,634	204,452	123.0
Subregions			
Northern Appalachia	8,386,003	56,980	147.2
North Central Appalachia	2,414,961	29,337	82.3
Central Appalachia	1,916,690	29,773	64.4
South Central Appalachia	4,689,747	34,997	134.0
Southern Appalachia	7,731,233	53,365	144.9
County Types			
Large Metros (pop. 1 million +)	5,739,321	17,579	326.5
Small Metros (pop. <1 million)	10,131,903	50,179	201.9
Nonmetro, Adjacent to Large Metros	1,694,488	18,822	90.0
Nonmetro, Adjacent to Small Metros	5,035,983	69,090	72.9
Rural (nonmetro, not adj. to a metro)	2,536,939	48,781	52.0
Alabama	4,747,424	50,645	93.7
Appalachian Alabama	3,043,430	25,763	118.1
Non-Appalachian Alabama	1,703,994	24,882	68.5
Georgia	9,600,612	57,513	166.9
Appalachian Georgia	2,899,705	11,378	254.9
Non-Appalachian Georgia	6,700,907	46,135	145.2
Kentucky	4,316,040	39,486	109.3
Appalachian Kentucky	1,184,118	18,231	65.0
Non-Appalachian Kentucky	3,131,922	21,256	147.3
Maryland	5,736,545	9,707	591.0
Appalachian Maryland	252,034	1,529	164.8
Non-Appalachian Maryland	5,484,511	8,178	670.6
Mississippi	2,956,700	46,923	63.0
Appalachian Mississippi	627,703	12,400	50.6
Non-Appalachian Mississippi	2,328,997	34,523	67.5
New York	19,302,448	47,126	409.6
Appalachian New York	1,066,767	11,681	91.3
Non-Appalachian New York	18,235,681	35,445	514.5
North Carolina	9,418,736	48,618	193.7
Appalachian North Carolina	1,686,926	11,887	141.9
Non-Appalachian North Carolina	7,731,810	36,731	210.5
Ohio	11,525,536	40,861	282.1
Appalachian Ohio	2,043,794	15,978	127.9
Non-Appalachian Ohio	9,481,742	24,882	381.1
Pennsylvania	12,660,739	44,743	283.0
Appalachian Pennsylvania	5,790,556	36,444	158.9
Non-Appalachian Pennsylvania	6,870,183	8,298	827.9
South Carolina	4,575,864	30,061	152.2
Appalachian South Carolina	1,160,395	3,824	303.5
Non-Appalachian South Carolina	3,415,469	26,237	130.2
Tennessee	6,297,991	41,235	152.7
Appalachian Tennessee	2,768,286	20,119	137.6
Non-Appalachian Tennessee	3,529,705	21,116	167.2
Virginia	7,926,192	39,490	200.7
Appalachian Virginia	768,548	11,179	68.7
Non-Appalachian Virginia	7,157,644	28,311	252.8
West Virginia (entire state)	1,846,372	24,038	76.8

Data Source: U.S. Census Bureau, 2007-2011 American Community Survey.

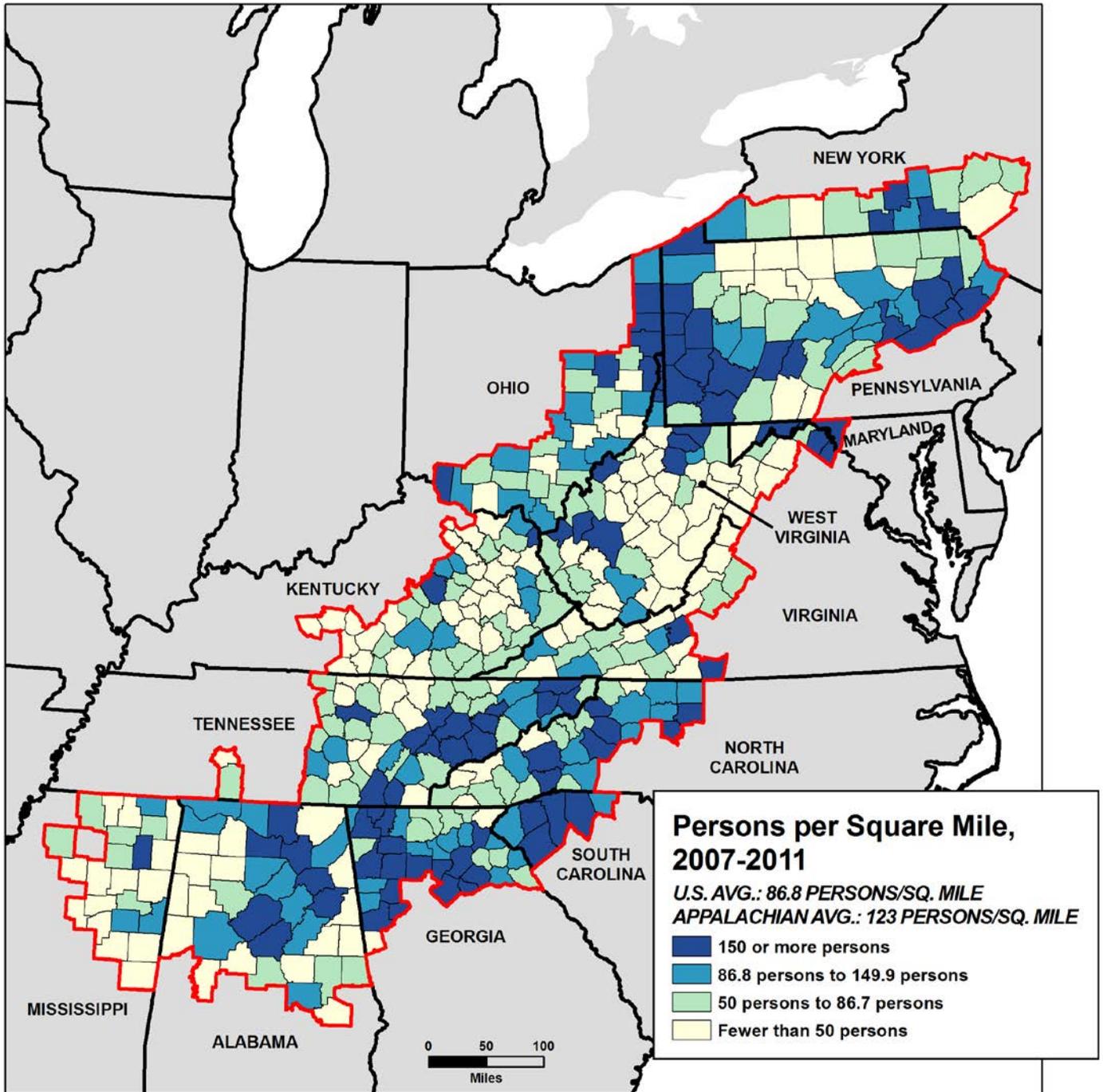
Figure 1.1: Population Distribution in the Appalachian Region, 2007-2011



Map Title: Population Distribution in the Appalachian Region, 2007-2011
 Data Source: U.S. Census Bureau, 2007-2011 American Community Survey.

Of the 306.6 million persons in the United States during the period from 2007-2011, 25.1 million lived in the Appalachian region. Yet the population of the region’s 420 counties varied greatly. On one hand, two-thirds of the counties had populations of fewer than 50,000 people, and 125 counties had fewer than 20,000 residents. On the other hand, pockets of the Appalachian population lived in large and mid-sized metropolitan areas, including Pittsburgh, Birmingham, and the Atlanta suburbs. Allegheny County, Pa. (where Pittsburgh is located) had 1.2 million residents. It is important to note that the Appalachian population has continued to grow: the latest population estimates indicate the region had 25.3 million residents in 2011 (out of 311.6 million Americans nationwide), compared to 25.2 million in the 2010 Census.

Figure 1.2: Population per Square Mile of Land Area in the Appalachian Region, 2007-2011



Map Title: Population per Square Mile of Land Area in the Appalachian Region, 2007-2011
 Data Source: U.S. Census Bureau, 2007-2011 American Community Survey.

While Appalachia’s population density was noticeably greater than the United States as a whole over the 2007-2011 period, only two-fifths of the region’s counties had population concentrations at or above the national average. Most of the high-density counties were in metropolitan areas, both large (Pittsburgh, Birmingham, suburban Atlanta) and small (Winston-Salem, N.C.; Knoxville, Tenn.).