

Rural School-Based Health Centers: a paradigm whose time has come

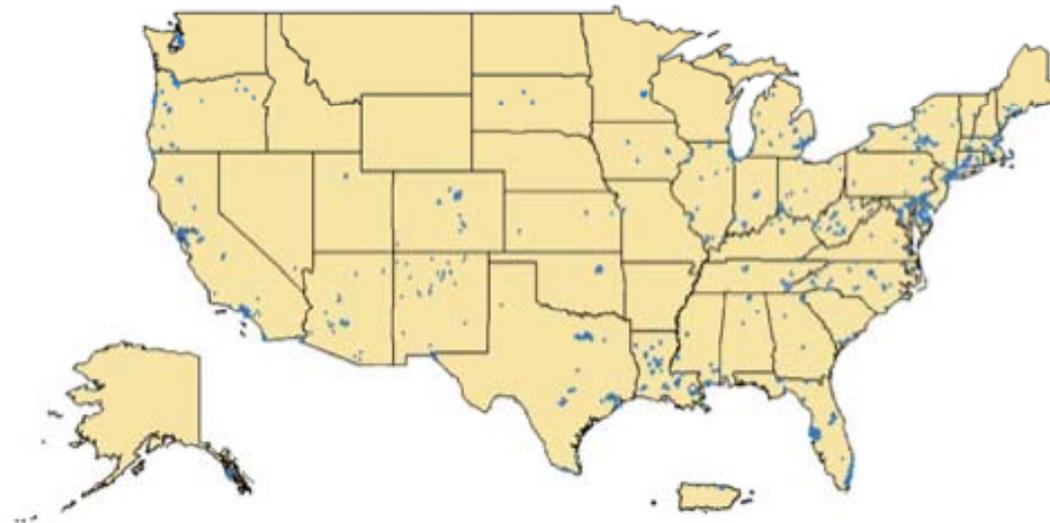
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School-Based Health Centers

- Collaborative relationships
- School-based
- Health
- Mental health
- Dental health
- An new, old idea

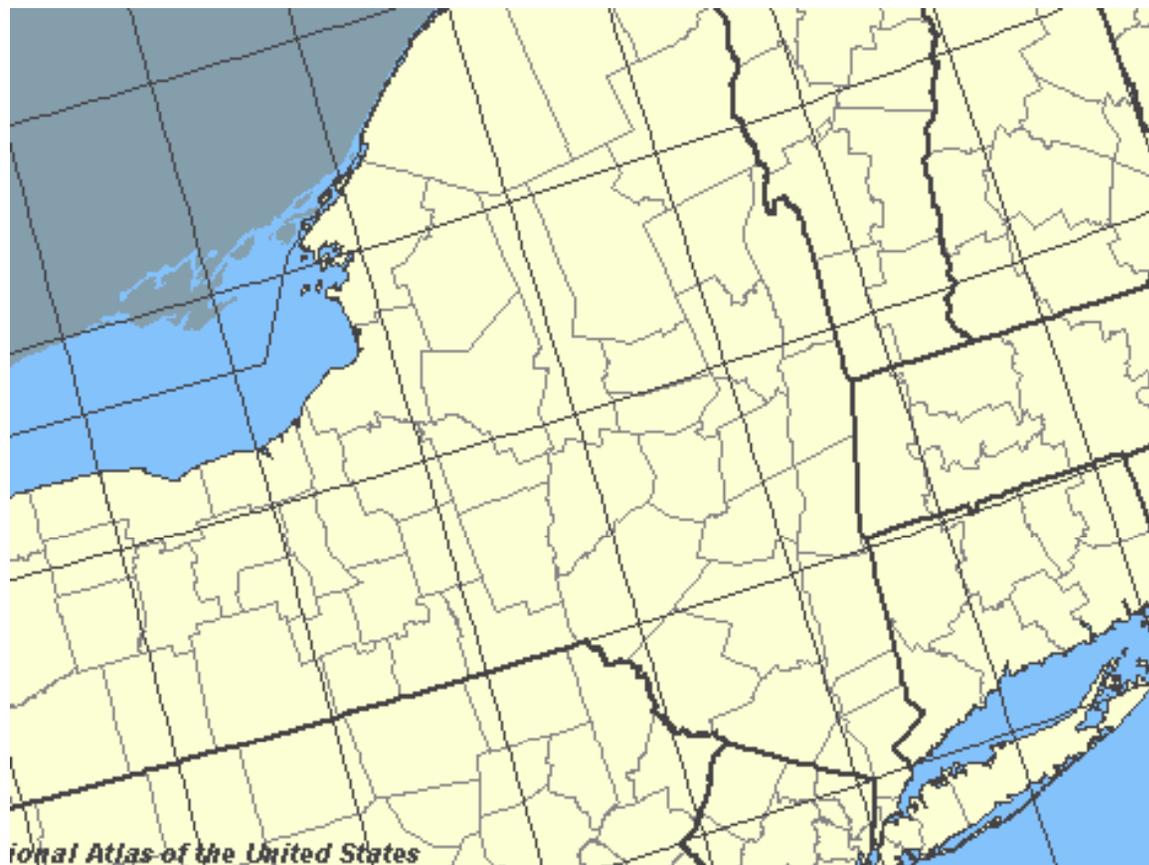
SCHOOL-BASED, MOBILE, AND LINKED HEALTH CENTERS - School Year 2004-05 (n=1227)



Alabama	9	Iowa	15	New Hampshire	1	South Dakota	4
Alaska	2	Kansas	3	New Jersey	82	Tennessee	19
Arizona	91	Kentucky	15	New Mexico	42	Texas	72
California	140	Louisiana	56	New York	195	Utah	4
Colorado	36	Maine	27	North Carolina	51	Vermont	5
Connecticut	73	Maryland	64	Ohio	26	Virginia	18
Delaware	26	Massachusetts	57	Oklahoma	8	Washington	18
District of Columbia	5	Michigan	69	Oregon	45	West Virginia	41
Florida	123	Minnesota	21	Pennsylvania	23	Wisconsin	16
Georgia	3	Mississippi	36	Puerto Rico	2		
Illinois	53	Missouri	3	Rhode Island	7	TOTAL	1708
Indiana	88	Nevada	3	South Carolina	11		

For a complete view of the census results, view our Web site at www.nasbhc.org

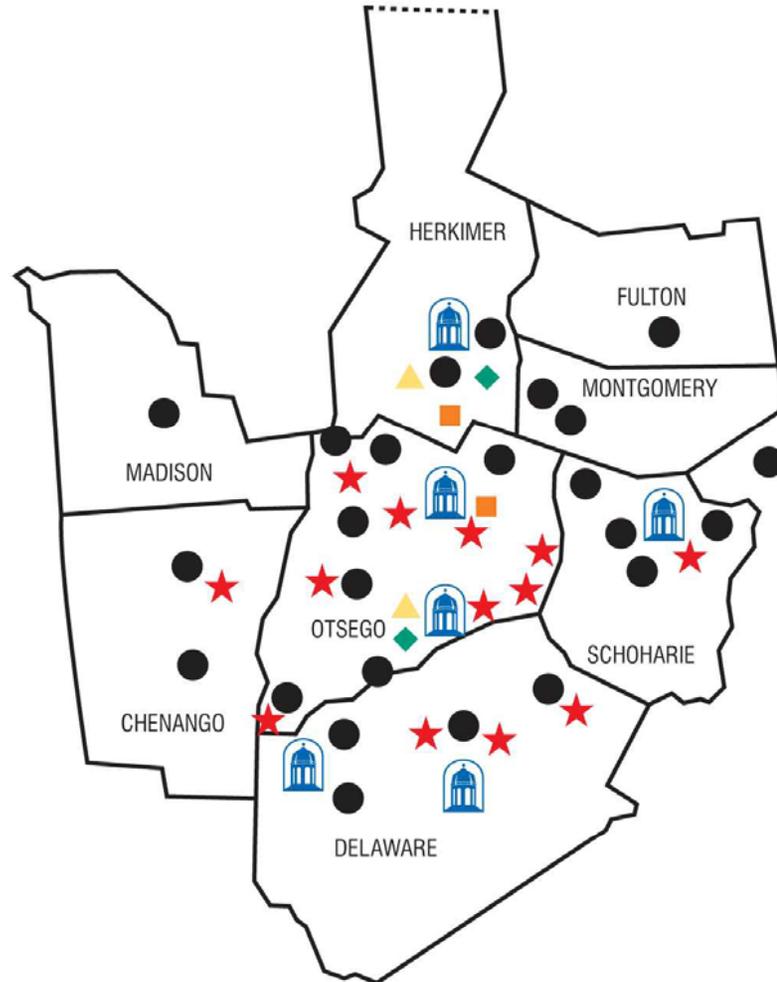
Rural Upstate New York: Northern Appalachia





SCHOOL-BASED HEALTH

-  - Hospitals
-  - Health Centers
-  - School-Based Health Centers
-  - Skilled Nursing & Rehabilitation
-  - Durable Medical Equipment
-  - Home Health Agency



What can SBHCs provide?

- **Comprehensive primary health care**
- **Mental health care**
- **Preventive oral health care**
- **Health education**

SBHC: Typical Services

- **Acute Care**
- **Chronic Care**
- **Comprehensive Physical Exams**
- **Mental Health Care**
- **Basic Laboratory**
- **Health Education and Promotion**
- **Immunizations**
- **Reproductive Health Care**
- **Limited pharmacy**

School-Based Health Center Staff

- **Nurse Practitioners**
- **Physicians**
- **Mental Health Workers**
- **Nurses**
- **Health Educators**
- **Registered Dental Hygienists**
- **Patient navigator**
- **Support Staff**

Who can use the SBHC?

- **Students enrolled in school district only**
 - Enrolled in SBHC (85-97%)
 - Not enrolled in SBHC

How do you enroll in the SBHC?

- **Enrollment packets will be mailed home**
- **Must complete:**
 - Student Information Form
 - Student Insurance Form
 - Health History
 - Privacy Information

Partnership with the School Nurse

- **SBHC and School Nurse are not redundant**
- **Shared vision**
 - **Increases compliance**
 - **Facilitates access**
 - **Monitors outcomes**
 - **Collaborative case management**
 - **Health needs and outcome data**



Examination Room

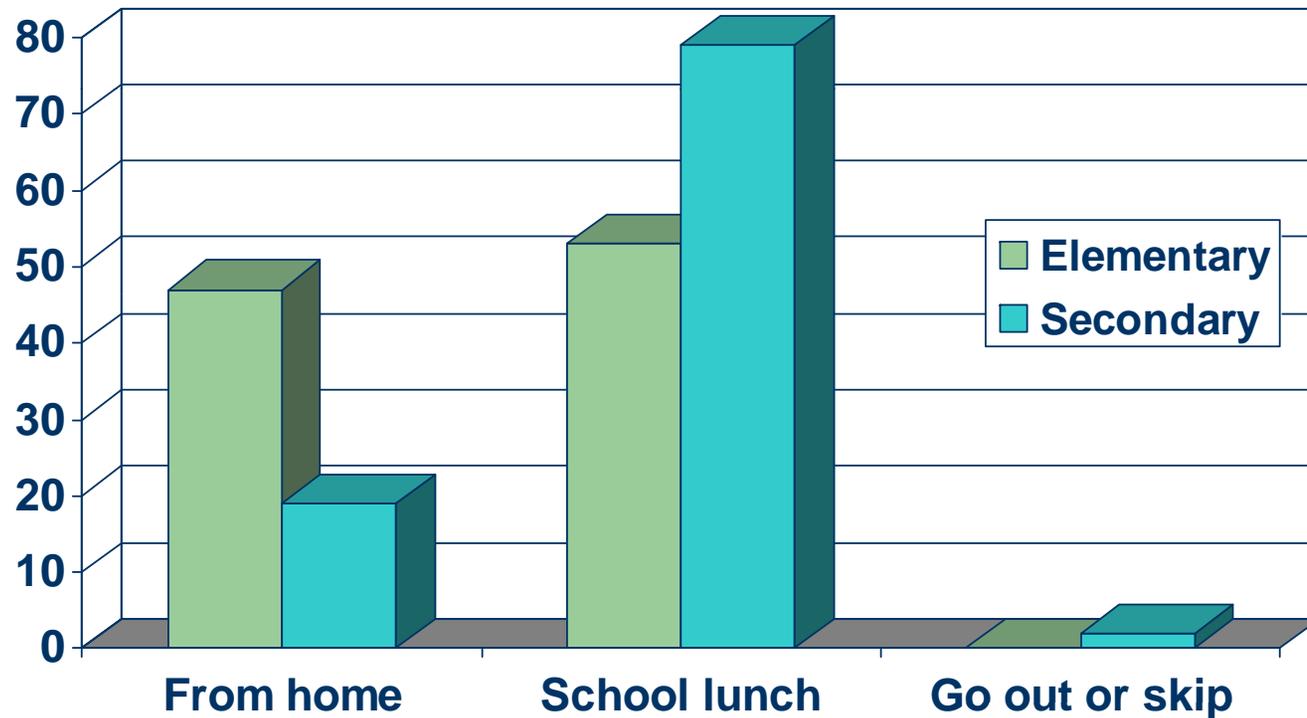
Basic Laboratory Testing

- **Blood Glucose (sugar)**
- **Hemoglobin (iron)**
- **Rapid Strep**
- **Urinalysis**
- **Urine Pregnancy**

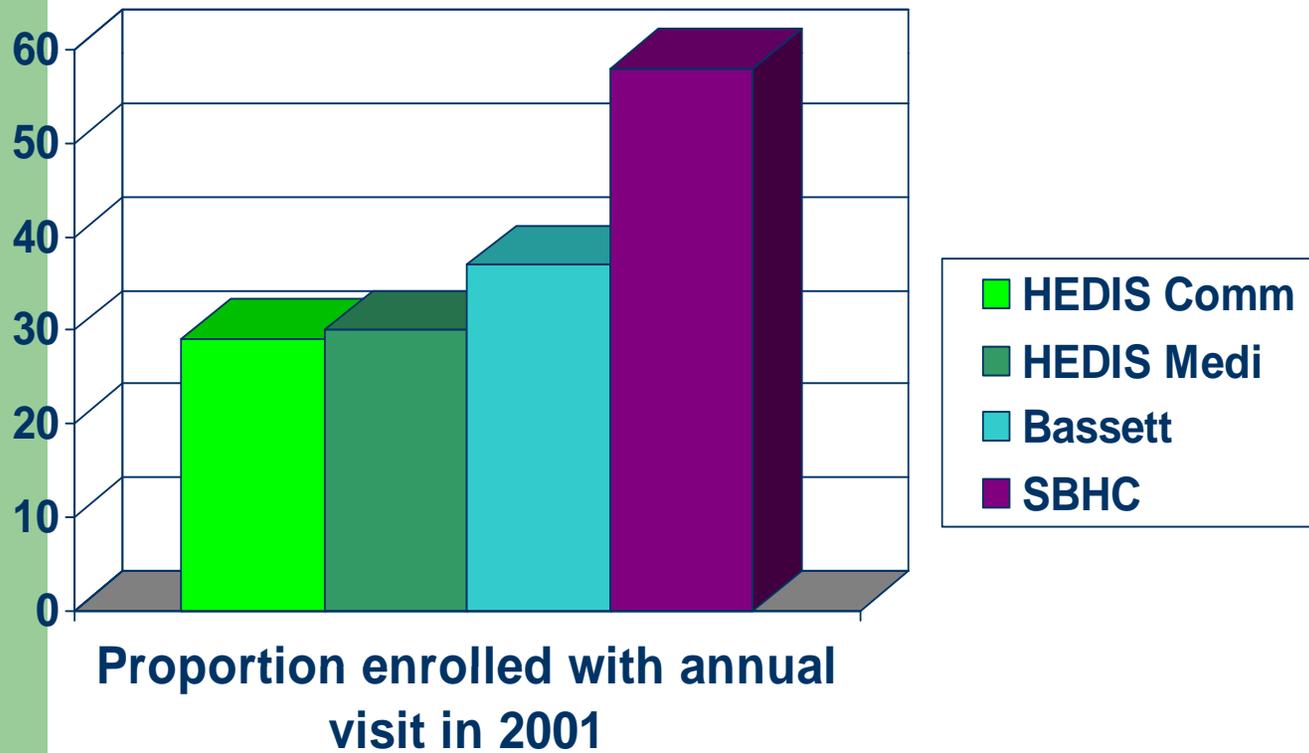
School-Based Health Centers: Outcomes

- ↓ **Emergency Room use**
- ↓ **Hospitalization rate**
- ↓ **Absenteeism**
- ↑ **Comprehensive Physical Exams**
- ↑ **Access to care**
- **No evidence to suggest impact on academic outcomes**

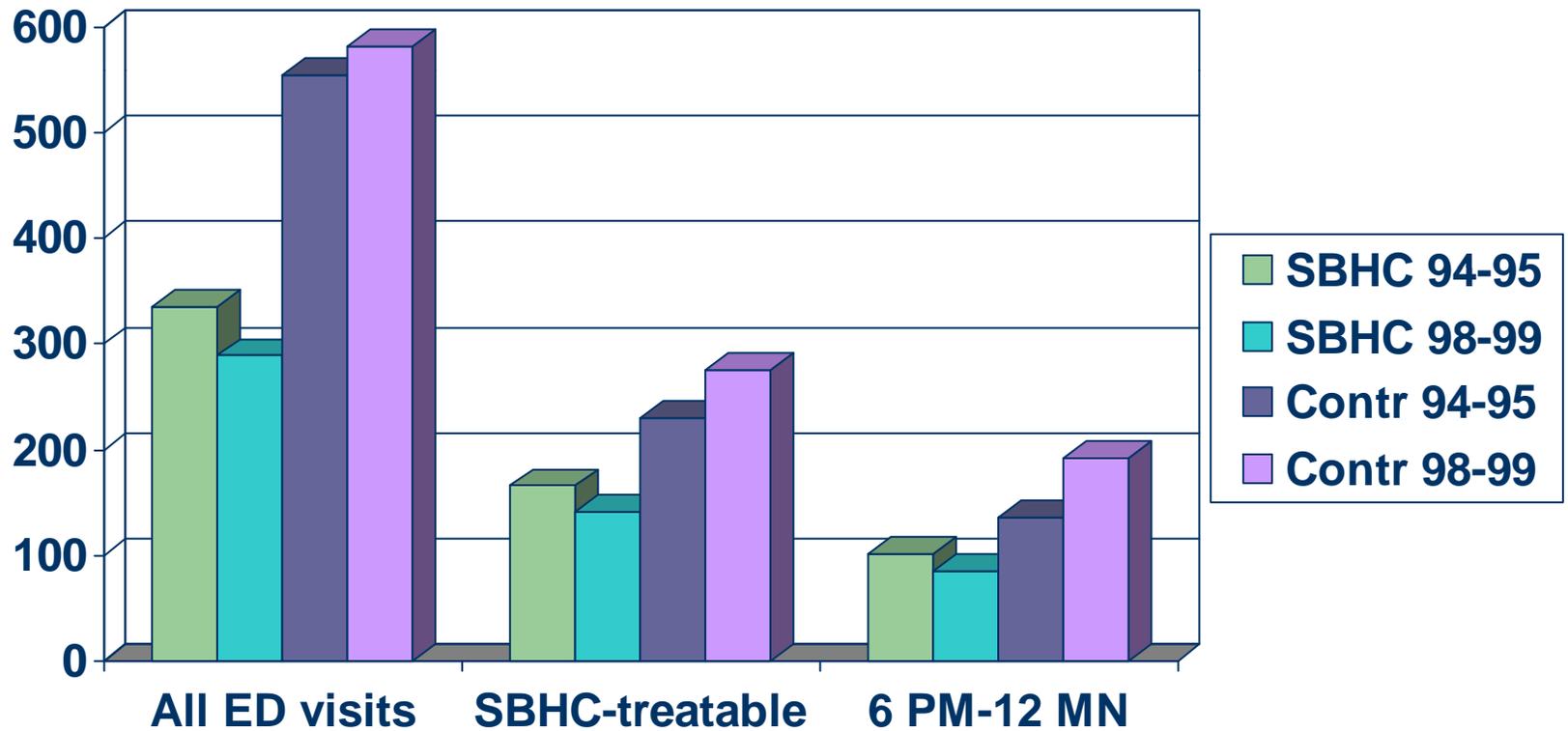
Preopening survey: where students get their lunch



Adolescent Annual Visits



SBHCs: Impact on ED Visits



Quality Improvement: *ongoing*

- Medical record reviews
- Quarterly SBH team meetings
- Monthly SBH Mental Health team meetings
- Provider credential reviews
- Performance evaluations
- Peer reviews
- Resiliency Scales (Mental Health)
- Participate in New York State Immunization Registry
- Regular participation in Pediatrics Grand Rounds
- Coding review with medical coding educators

SBHC Funding

- **Bill insurance (but nothing out-of-pocket)**
- **NYS DOH**
- **HRSA**
- **Foundations**
- **'Member items' from state legislators**
- **In-kind support from Bassett**
 - Lab supervision, printing, pharmacy, courier
- **In-kind support from school**
 - Room, heat, light, phone, fax, maintenance

Engage Rural Community to Support the SBHC

- **Conduct community assessment**
- **Engage community in developing and defining the SBHC**
- **Involve the community in ongoing support of the SBHC**
- **Role of the School Nurse**
- **Role of the County Health Department**

Ongoing Community Involvement in the SBHC

- **Periodic meetings with the Superintendent**
- **Community Advisory Boards**
- **Local ‘community chest funds’**
- **Satisfaction surveys**
 - **Affirms desire of SBHC for involvement**
 - **Is a source of useful information**
- **Reporting to the BoE**

Engage the Community in the Development of the SBHC

- **Write informatively**
- **Speak passionately**
- **Invite graciously**
- **Listen carefully**
- **Propose a SBHC considerately**

Useful Websites

www.nasbhc.org

National Assembly of School-Based Health Care

www.health.state.ny.us/nysdoh/school/skprogram.htm

New York State DOH SBHC Guidelines

www.nystatesbhc.org

New York State SBHC Coalition

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