

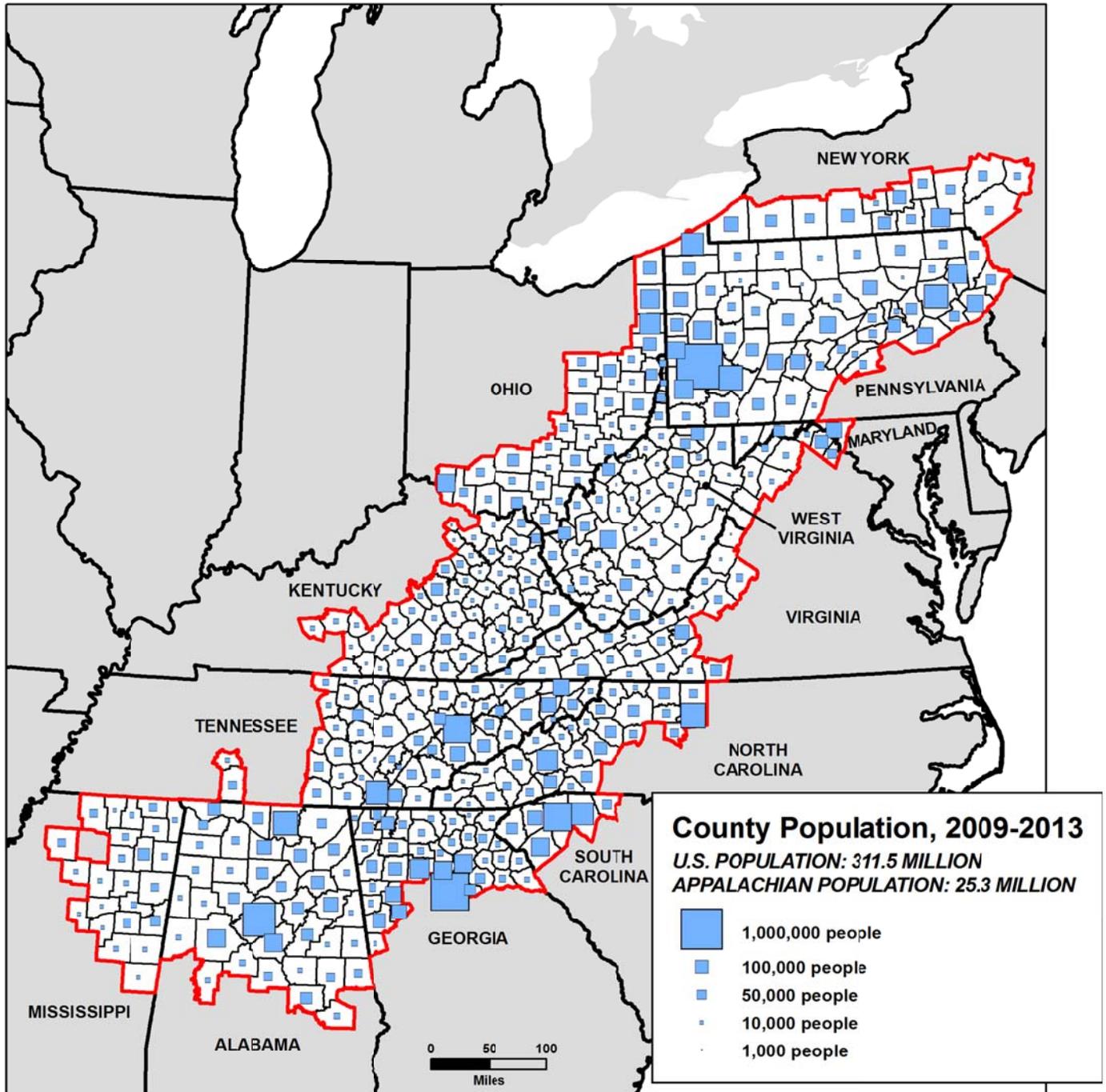
CHAPTER 1: POPULATION BASICS

Table 1.1: Population, Land Area, and Population Density in the Appalachian Region, 2009-2013

Population, Land Area, and Density	Population, 2009-2013	Land Area (Square Miles)	Population per Square Mile of Land Area, 2009-2013
United States	311,536,594	3,531,905	88.2
Appalachian Region	25,305,488	204,452	123.8
Subregions			
Northern Appalachia	8,367,896	56,980	146.9
North Central Appalachia	2,425,370	29,337	82.7
Central Appalachia	1,912,621	29,773	64.2
South Central Appalachia	4,738,508	34,997	135.4
Southern Appalachia	7,861,093	53,365	147.3
County Types			
Large Metros (pop. 1 million +)	5,889,508	18,815	313.0
Small Metros (pop. <1 million)	10,669,524	54,302	196.5
Nonmetro, Adjacent to Large Metros	2,207,937	25,382	87.0
Nonmetro, Adjacent to Small Metros	3,989,453	58,591	68.1
Rural (nonmetro, not adj. to a metro)	2,549,066	47,363	53.8
Alabama	4,799,277	50,645	94.8
Appalachian Alabama	3,074,826	25,763	119.4
Non-Appalachian Alabama	1,724,451	24,882	69.3
Georgia	9,810,417	57,513	170.6
Appalachian Georgia	2,972,456	11,378	261.2
Non-Appalachian Georgia	6,837,961	46,135	148.2
Kentucky	4,361,333	39,486	110.5
Appalachian Kentucky	1,182,515	18,231	64.9
Non-Appalachian Kentucky	3,178,818	21,256	149.5
Maryland	5,834,299	9,707	601.0
Appalachian Maryland	252,843	1,529	165.4
Non-Appalachian Maryland	5,581,456	8,178	682.5
Mississippi	2,976,872	46,923	63.4
Appalachian Mississippi	629,196	12,400	50.7
Non-Appalachian Mississippi	2,347,676	34,523	68.0
New York	19,487,053	47,126	413.5
Appalachian New York	1,062,441	11,681	91.0
Non-Appalachian New York	18,424,612	35,445	519.8
North Carolina	9,651,380	48,618	198.5
Appalachian North Carolina	1,704,390	11,887	143.4
Non-Appalachian North Carolina	7,946,990	36,731	216.4
Ohio	11,549,590	40,861	282.7
Appalachian Ohio	2,034,561	15,978	127.3
Non-Appalachian Ohio	9,515,029	24,882	382.4
Pennsylvania	12,731,381	44,743	284.5
Appalachian Pennsylvania	5,786,018	36,444	158.8
Non-Appalachian Pennsylvania	6,945,363	8,298	837.0
South Carolina	4,679,602	30,061	155.7
Appalachian South Carolina	1,184,615	3,824	309.8
Non-Appalachian South Carolina	3,494,987	26,237	133.2
Tennessee	6,402,387	41,235	155.3
Appalachian Tennessee	2,800,546	20,119	139.2
Non-Appalachian Tennessee	3,601,841	21,116	170.6
Virginia	8,100,653	39,490	205.1
Appalachian Virginia	767,462	11,179	68.7
Non-Appalachian Virginia	7,333,191	28,311	259.0
West Virginia (entire state)	1,853,619	24,038	77.1

Data Source: U.S. Census Bureau, 2009-2013 American Community Survey.

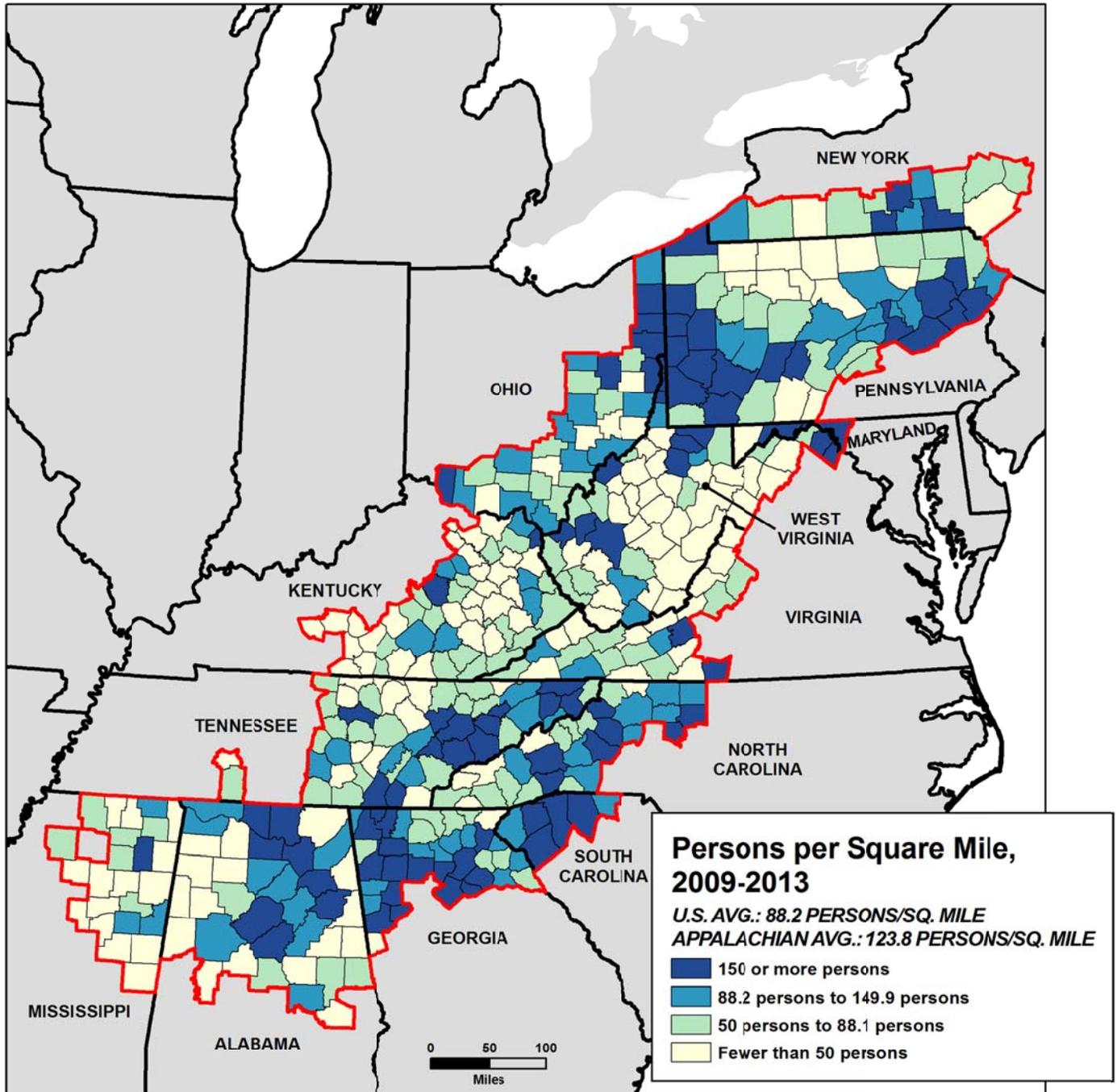
Figure 1.1: Population Distribution in the Appalachian Region, 2009-2013



Map Title: Population Distribution in the Appalachian Region, 2009-2013
 Data Source: U.S. Census Bureau, 2009-2013 American Community Survey.

Of the 311.5 million persons in the United States during the period from 2009-2013, 25.3 million lived in the Appalachian Region. Yet the population of the Region's 420 counties varied greatly. On one hand, two-thirds of the counties had populations of fewer than 50,000 people, and 126 counties had fewer than 20,000 residents. On the other hand, pockets of the Appalachian population lived in large and mid-sized metropolitan areas, including Pittsburgh, Birmingham, and the Atlanta suburbs. Allegheny County, Pa. (where Pittsburgh is located) had 1.2 million residents. It is important to note that the Appalachian population has continued to grow; the most recent population estimates indicated that the Region had 25.4 million residents in 2013 (out of 316.1 million nationwide), compared to 25.2 million in the 2010 Census.

Figure 1.2: Population per Square Mile of Land Area in the Appalachian Region, 2009-2013



Map Title: Population per Square Mile of Land Area in the Appalachian Region, 2009-2013

Data Source: U.S. Census Bureau, 2009-2013 American Community Survey.

While Appalachia's population density was noticeably greater than the United States as a whole over the 2009-2013 period, just two-fifths of the Region's counties had population concentrations at or above the national average. Most of the high-density counties were in metropolitan areas, both large (Pittsburgh, Birmingham, suburban Atlanta) and small (Winston-Salem, N.C.; Knoxville, Tenn.).