

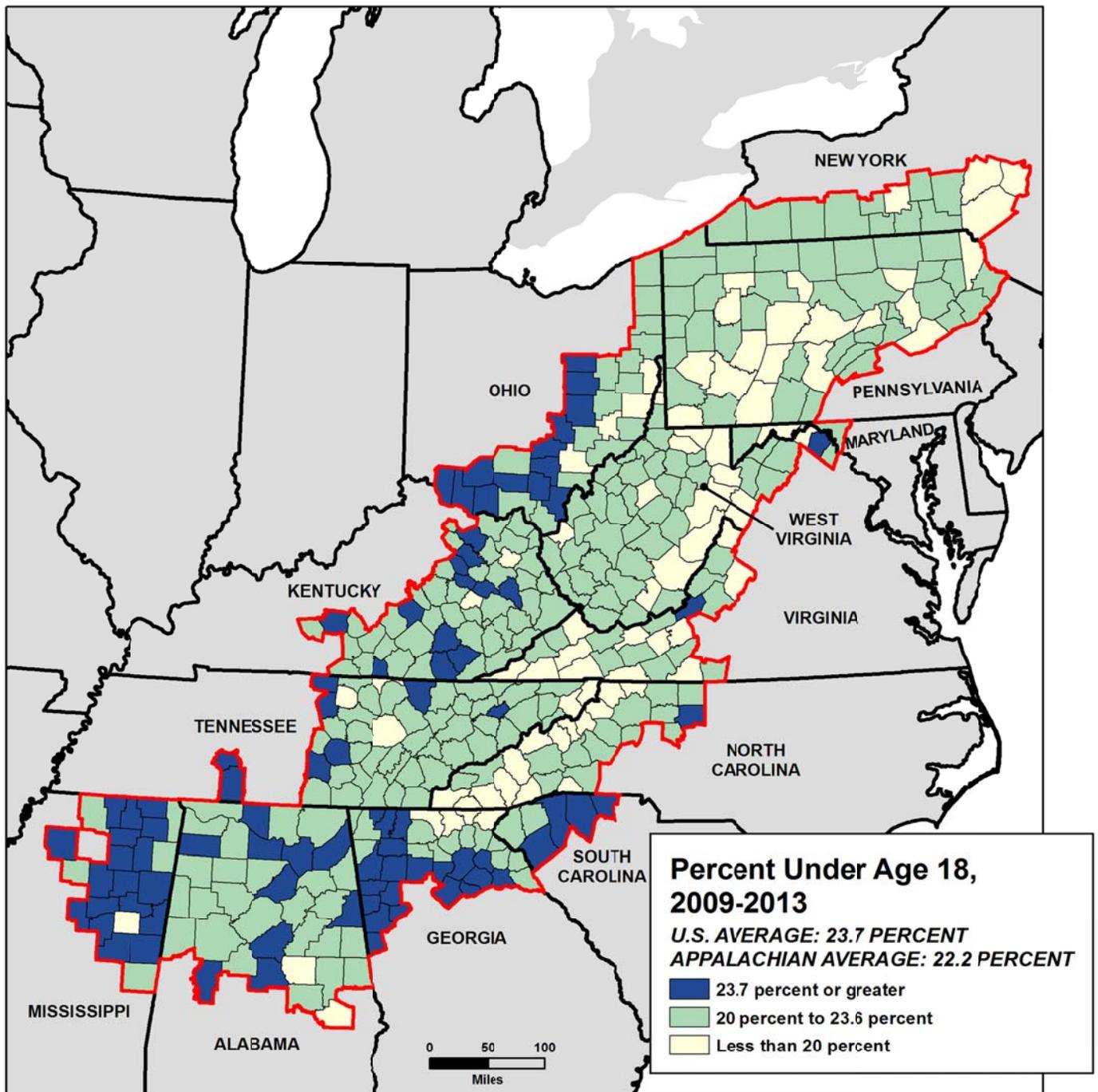
## CHAPTER 2: AGE

Table 2.1: Population in the Appalachian Region by Age Group, 2009-2013

Population by Age Group	Total Population, 2009-2013	Percent of Population				Median Age (Years)
		Under Age 18	Ages 18-24	Ages 25-64	Ages 65 and over	
<b>United States</b>	<b>311,536,594</b>	<b>23.7</b>	<b>10.0</b>	<b>52.9</b>	<b>13.4</b>	<b>37.3</b>
<b>Appalachian Region</b>	<b>25,305,488</b>	<b>22.2</b>	<b>9.8</b>	<b>52.5</b>	<b>15.5</b>	<b>40.1</b>
<b>Subregions</b>						
Northern Appalachia	8,367,896	20.6	10.1	52.2	17.1	41.9
North Central Appalachia	2,425,370	21.6	9.7	53.0	15.7	40.6
Central Appalachia	1,912,621	22.1	8.8	53.6	15.5	40.7
South Central Appalachia	4,738,508	21.2	9.9	52.1	16.9	41.1
Southern Appalachia	7,861,093	24.6	9.6	52.7	13.1	37.4
<b>County Types</b>						
Large Metros (pop. 1 million +)	5,889,508	23.6	8.8	53.9	13.7	38.8
Small Metros (pop. <1 million)	10,669,524	21.7	10.5	52.3	15.6	39.9
Nonmetro, Adjacent to Large Metros	2,207,937	22.3	9.9	51.8	16.1	40.5
Nonmetro, Adjacent to Small Metros	3,989,453	21.4	9.0	52.1	17.5	42.0
Rural (nonmetro, not adj. to a metro)	2,549,066	21.9	9.9	51.8	16.4	40.7
<b>Alabama</b>	<b>4,799,277</b>	<b>23.4</b>	<b>10.1</b>	<b>52.4</b>	<b>14.2</b>	<b>38.1</b>
Appalachian Alabama	3,074,826	23.1	9.8	52.9	14.2	38.4
Non-Appalachian Alabama	1,724,451	23.9	10.6	51.4	14.1	37.3
<b>Georgia</b>	<b>9,810,417</b>	<b>25.4</b>	<b>10.2</b>	<b>53.3</b>	<b>11.1</b>	<b>35.6</b>
Appalachian Georgia	2,972,456	26.7	8.8	53.4	11.1	36.2
Non-Appalachian Georgia	6,837,961	24.8	10.8	53.3	11.1	35.2
<b>Kentucky</b>	<b>4,361,333</b>	<b>23.4</b>	<b>9.6</b>	<b>53.3</b>	<b>13.7</b>	<b>38.2</b>
Appalachian Kentucky	1,182,515	22.6	9.3	53.3	14.9	39.9
Non-Appalachian Kentucky	3,178,818	23.7	9.8	53.2	13.3	37.5
<b>Maryland</b>	<b>5,834,299</b>	<b>23.1</b>	<b>9.6</b>	<b>54.6</b>	<b>12.7</b>	<b>38.0</b>
Appalachian Maryland	252,843	21.1	9.7	53.1	16.1	40.7
Non-Appalachian Maryland	5,581,456	23.2	9.6	54.6	12.5	37.9
<b>Mississippi</b>	<b>2,976,872</b>	<b>25.1</b>	<b>10.4</b>	<b>51.2</b>	<b>13.2</b>	<b>36.2</b>
Appalachian Mississippi	629,196	24.3	11.0	50.2	14.5	37.2
Non-Appalachian Mississippi	2,347,676	25.4	10.3	51.5	12.9	35.9
<b>New York</b>	<b>19,487,053</b>	<b>22.0</b>	<b>10.2</b>	<b>54.0</b>	<b>13.8</b>	<b>38.1</b>
Appalachian New York	1,062,441	20.7	13.0	50.3	16.0	40.1
Non-Appalachian New York	18,424,612	22.1	10.0	54.2	13.7	37.9
<b>North Carolina</b>	<b>9,651,380</b>	<b>23.6</b>	<b>10.0</b>	<b>53.0</b>	<b>13.4</b>	<b>37.6</b>
Appalachian North Carolina	1,704,390	21.2	9.3	52.1	17.4	41.6
Non-Appalachian North Carolina	7,946,990	24.2	10.1	53.2	12.6	36.8
<b>Ohio</b>	<b>11,549,590</b>	<b>23.3</b>	<b>9.6</b>	<b>52.6</b>	<b>14.4</b>	<b>39.0</b>
Appalachian Ohio	2,034,561	22.7	9.0	52.3	16.0	40.8
Non-Appalachian Ohio	9,515,029	23.5	9.7	52.7	14.1	38.5
<b>Pennsylvania</b>	<b>12,731,381</b>	<b>21.7</b>	<b>9.9</b>	<b>52.7</b>	<b>15.7</b>	<b>40.3</b>
Appalachian Pennsylvania	5,786,018	20.2	10.0	52.5	17.3	42.1
Non-Appalachian Pennsylvania	6,945,363	22.9	9.8	52.8	14.4	38.7
<b>South Carolina</b>	<b>4,679,602</b>	<b>23.1</b>	<b>10.3</b>	<b>52.4</b>	<b>14.2</b>	<b>38.1</b>
Appalachian South Carolina	1,184,615	23.4	10.3	52.0	14.3	38.2
Non-Appalachian South Carolina	3,494,987	22.9	10.3	52.5	14.2	38.1
<b>Tennessee</b>	<b>6,402,387</b>	<b>23.3</b>	<b>9.6</b>	<b>53.2</b>	<b>13.9</b>	<b>38.2</b>
Appalachian Tennessee	2,800,546	21.6	9.3	52.6	16.4	40.8
Non-Appalachian Tennessee	3,601,841	24.6	9.9	53.6	11.9	36.1
<b>Virginia</b>	<b>8,100,653</b>	<b>22.9</b>	<b>10.1</b>	<b>54.4</b>	<b>12.6</b>	<b>37.5</b>
Appalachian Virginia	767,462	19.3	11.9	51.5	17.3	41.6
Non-Appalachian Virginia	7,333,191	23.3	9.9	54.7	12.1	37.1
<b>West Virginia (entire state)</b>	<b>1,853,619</b>	<b>20.8</b>	<b>9.3</b>	<b>53.5</b>	<b>16.5</b>	<b>41.5</b>

Data Source: U.S. Census Bureau, 2009-2013 American Community Survey.

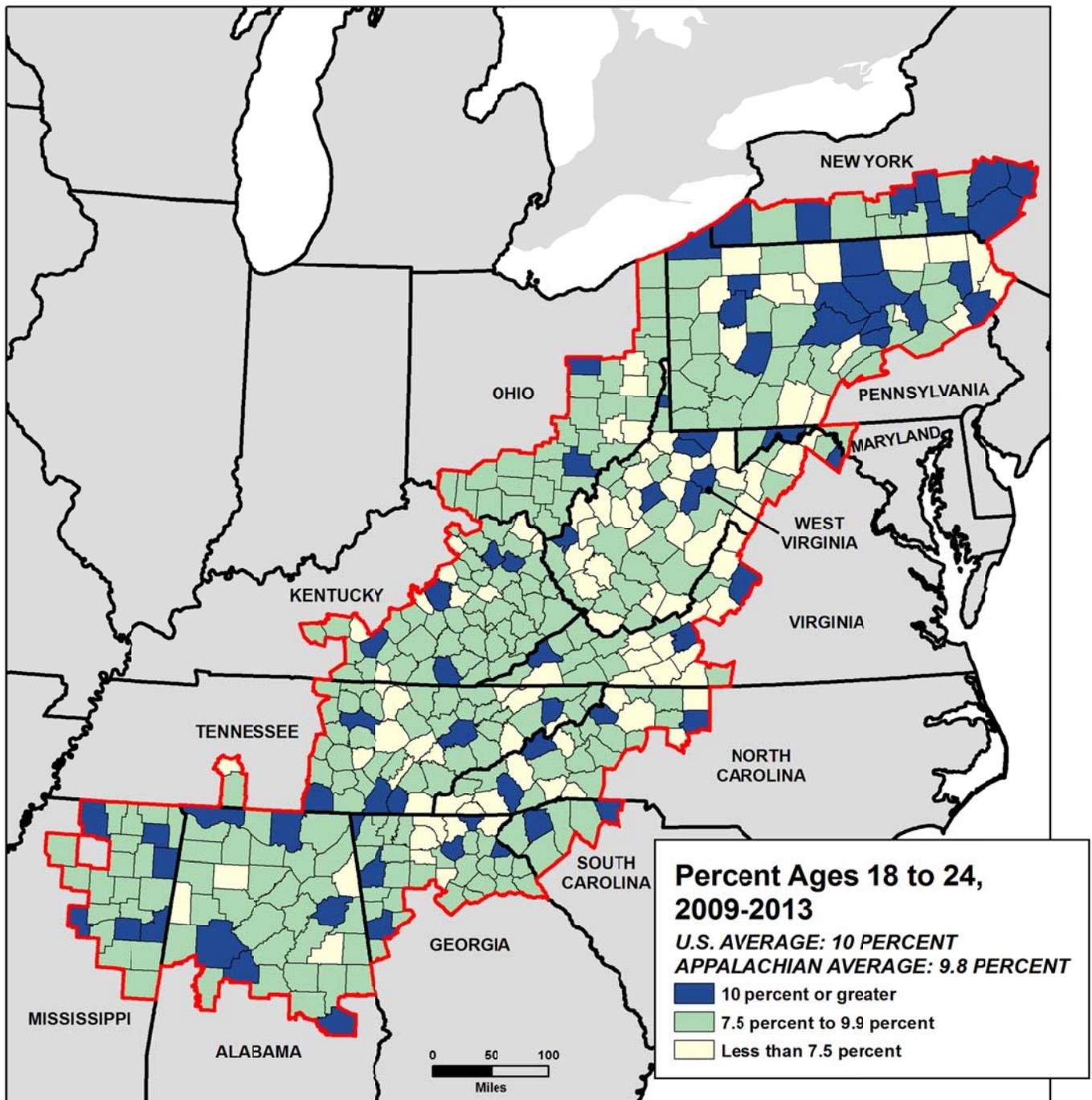
**Figure 2.1: Percent of Population in the Appalachian Region Under Age 18, 2009-2013**



Map Title: Percent of Population in the Appalachian Region Under Age 18, 2009-2013  
 Data Source: U.S. Census Bureau, 2009-2013 American Community Survey.

Over the 2009-2013 period, the share of children and youth under age 18 in the Appalachian population was slightly below the national average of 24 percent. And in nearly one-fifth of the Region's counties (most of which were outside metropolitan areas), the share was actually less than 20 percent. Yet the share of children under age 18 matched or exceeded the national average in another one-fifth of Appalachia's counties. Most of these counties were in Southern Appalachia—the only subregion where the under-18 percentage was greater than that of the nation as a whole.

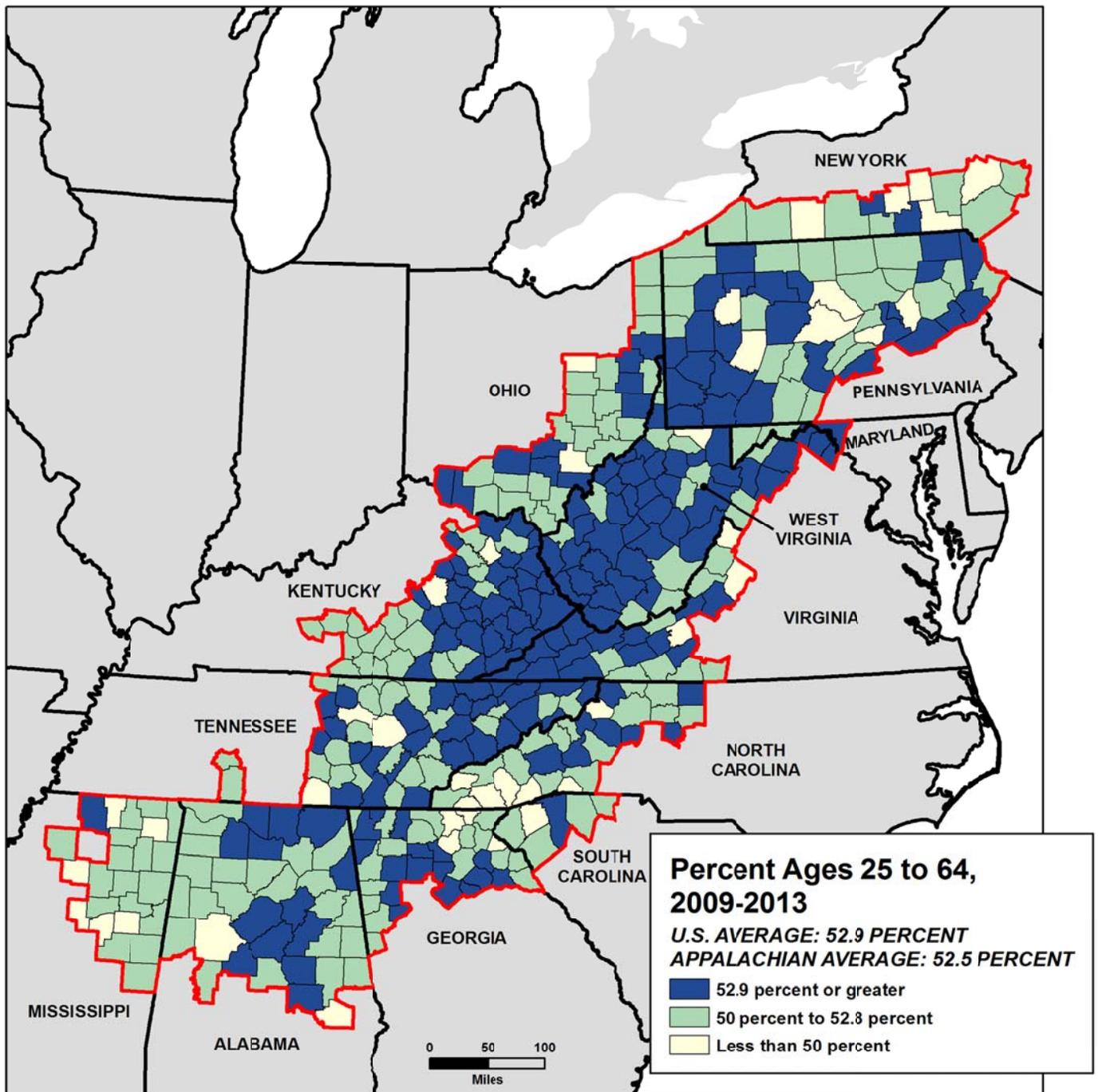
**Figure 2.2: Percent of Population in the Appalachian Region Ages 18 to 24, 2009-2013**



Map Title: Percent of Population in the Appalachian Region Ages 18 to 24, 2009-2013  
 Data Source: U.S. Census Bureau, 2009-2013 American Community Survey.

Although the share of young adults (ages 18 to 24) in Appalachia roughly equaled the national average in the 2009-2013 period, there were great variations within the Region. For example, persons in this age group made up at least 15 percent of the population in 23 counties—nearly all of which are home to colleges and universities. In contrast, 18-to-24-year-olds made up less than 7.5 percent of the population in 101 Appalachian counties. Of the counties in this latter group, 70 were outside metropolitan areas, suggesting a possible lack of opportunities in these communities for youth making the transition to adulthood.

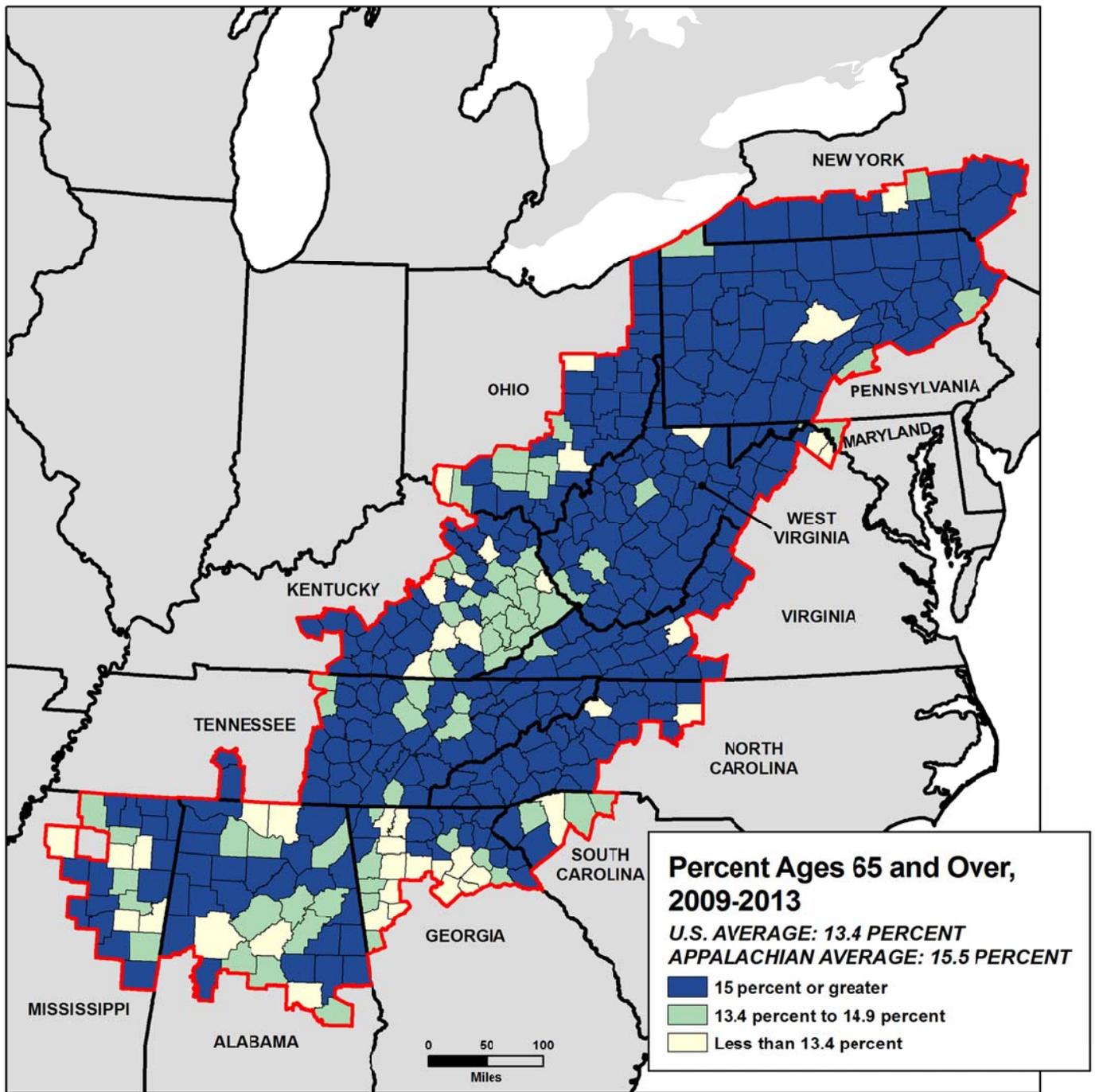
**Figure 2.3: Percent of Population in the Appalachian Region Ages 25 to 64, 2009-2013**



Map Title: Percent of Population in the Appalachian Region Ages 25 to 64, 2009-2013  
 Data Source: U.S. Census Bureau, 2009-2013 American Community Survey.

In both the United States and Appalachia, adults in the prime working ages (ages 25 to 64) made up a slight majority of all residents in the 2009-2013 period. In 189 of the 420 Appalachian counties, the percentage of persons in this age group matched or exceeded the national average. But there were 42 counties in the Region (33 of which were outside metropolitan areas) where 25-to-64-year-olds made up less than half of the population. Many of these counties house colleges and universities (and thus had a high share of their populations in the 18-to-24 age range.)

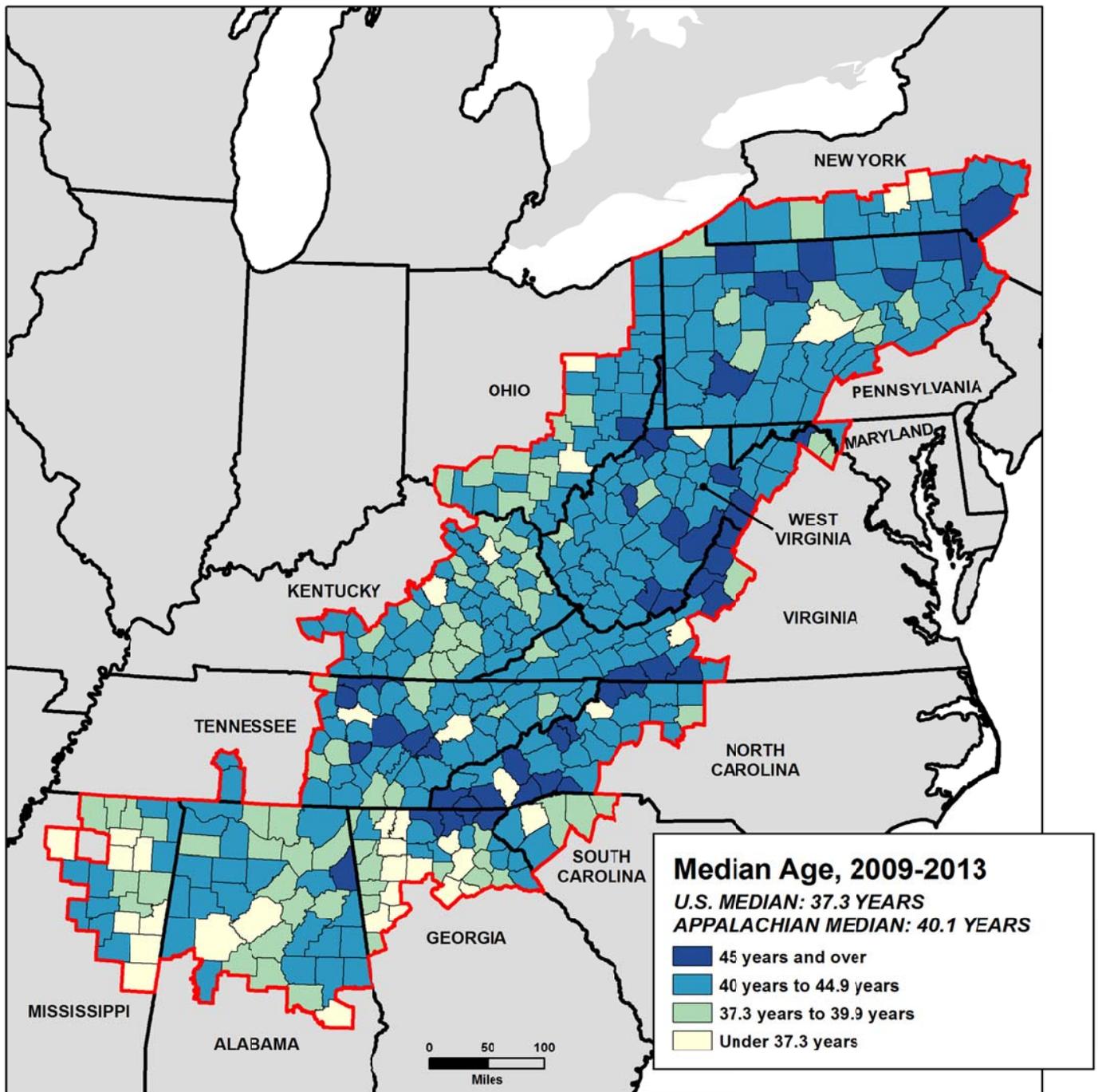
**Figure 2.4: Percent of Population in the Appalachian Region Ages 65 and Over, 2009-2013**



Map Title: Percent of Population in the Appalachian Region Ages 65 and Over, 2009-2013  
 Data Source: U.S. Census Bureau, 2009-2013 American Community Survey.

The share of residents ages 65 and over in the Appalachian Region exceeded the national average during the 2009-2013 period. Moreover, the percentage of persons in this age group matched or exceeded the U.S. share in 378 of the 420 Appalachian counties. In fact, older persons made up at least 15 percent of the population in 313 Appalachian counties, more than two-thirds of which were outside metropolitan areas. In contrast, a majority of the 42 Appalachian counties with older population shares below the national average were either in metro areas or home to colleges and universities. In both Appalachia and the nation, the share of residents ages 65 and over will continue to increase over the coming years as the large baby boom cohorts continue to move into this age group.

**Figure 2.5: Median Age of Persons in the Appalachian Region, 2009-2013**



Map Title: Median Age of Persons in the Appalachian Region, 2009-2013  
 Data Source: U.S. Census Bureau, 2009-2013 American Community Survey.

In the 2009-2013 period, the median age of the Appalachian population was nearly three years older than that of the United States as a whole. Indeed, the median age of the population (the point at which half the population is older and half is younger) exceeded 40 years in the Region as a whole—and was at least 40 years in nearly three-fourths of Appalachian counties. In 52 counties—all but eight of which were outside metro areas—the median age was at least 45 years. Of the 37 counties with populations whose median age was younger than the national median, 24 were in Southern Appalachia—the only subregion where the overall age structure roughly resembled that of the nation. With the aging of the population in both Appalachia and the nation, median age will likely continue to rise in most of the Region’s counties.