**EMployment in Appalachia**

Use *The Appalachian Region: A Data Overview from the 2014–2018 American Community Survey*—also known as the Chartbook—to discover more about income and poverty in Appalachia. Authored by the Population Reference Bureau with the Appalachian Regional Commission, the Chartbook features data on income, employment, education, and other indicators at the regional, subregional, state, and county levels, and examines data change over recent years to show trends. The Chartbook draws on data collected before the COVID-19 crisis to provide benchmarking for when new information becomes available.

### Labor Force Participation

73.0% of Appalachia’s working-age adults (ages 25-64) participate in the civilian labor force. The U.S. rate is 77.6%.

### Employment Rate

95.2% of Appalachia’s labor force is employed. This is equal to the U.S. rate.

### Employment Location by Subregion

31.9% of Appalachian workers ages 16+ work outside the county they live in, compared with 27.7% of U.S. workers.

### Unemployment Rate by Subregion

The unemployment rate for working-age adults is lowest in Northern Appalachia (4.6%) and highest in Central Appalachia (6.9%).

Find more data on this and other topics at [arc.gov/chartbook](https://arc.gov/chartbook)