



FY 2023 INSPIRE Initiative

Appendix 5: Application & Program Development Resources

Note to INSPIRE applicants: The purpose of this resource compendium is to help you gather relevant community, state, and national information and data to inform your project and write a successful application. It is not meant to be comprehensive; rather, it is a starting point to inform your SUD recovery to work efforts.

<p><i>State Office(s) of Rural Health</i></p>	<p>With national leadership provided by the National Organization of State Offices of Rural Health (NOSORH), State Offices of Rural Health (SORH) support rural communities in developing community leaders, capacity building, partnership development, information sharing, and various forms of technical assistance.</p> <p>Alabama: https://www.alabamapublichealth.gov/ruralhealth/ Georgia: https://dch.georgia.gov/divisionsoffices/state-office-rural-health Kentucky: https://medicine.uky.edu/centers/ruralhealth/kentucky-office-rural-health Maryland: https://health.maryland.gov/pophealth/Pages/Rural-health.aspx Mississippi: https://msdh.ms.gov/msdhsite/_static/44,0,111.html New York: https://www.health.ny.gov/ North Carolina: https://www.ncdhhs.gov/divisions/orh Ohio: https://odh.ohio.gov/know-our-programs/state-office-of-rural-health/sorh/ Pennsylvania: https://www.porh.psu.edu/ South Carolina: https://scorh.net/ Tennessee: https://www.tn.gov/health/health-program-areas/rural-health.html Virginia: https://www.vdh.virginia.gov/health-equity/division-of-rural-health/ West Virginia: https://dhhr.wv.gov/ruralhealth/Pages/default.aspx</p> <p>For a list of each SORH’s direct contact information, see here.</p>
<p><i>State Rural Health Associations</i></p>	<p>Led by the National Rural Health Association (NRHA), state rural health associations serve to improve the health of rural communities through education, advocacy, fostering partnerships, and various other forms of technical assistance.</p> <p>Alabama: https://arhaonline.org/ Georgia: http://grhainfo.org/ Kentucky: https://kyrha.org/ Maryland: https://www.mdruralhealth.org/ Mississippi: https://msrha.org/</p>

	<p>New York: https://nysarh.org/ North Carolina: https://foundationhli.org/ncrha/ Ohio: https://www.ohioruralhealth.org/ Pennsylvania: https://paruralhealth.org/ South Carolina: https://scorh.net/ Tennessee: https://www.tnruralhealth.org/ Virginia: https://vrha.org/ West Virginia: https://wvrha.org/</p>
<p><i>HRSA Regional Resources, Programs, and Supports</i></p>	<p>The Health Resources and Services Administration (HRSA) aims to improve health outcomes and achieve health equity through access to quality services, a skilled health workforce, and innovative, high-value programs. HRSA programs provide equitable health care to people who are geographically isolated and economically or medically vulnerable. HRSA has more than 90 programs and 3,000 grantees throughout the country.</p> <p>HRSA’s Office of Intergovernmental and External Affairs (IEA) includes 10 regional offices, one sub-regional office in Puerto Rico, and headquarters in Rockville, Maryland.</p> <p>HRSA IEA staff can assist with identifying HRSA resources, programs, and partnership opportunities.</p> <ul style="list-style-type: none"> • Region 2 (NY, NJ, U.S. Virgin Islands, Puerto Rico): https://www.hrsa.gov/about/organization/offices/hrsa-iea/region-2 • Region 3 (DC, DE, MD, PA, VA, WV): https://www.hrsa.gov/about/organization/offices/hrsa-iea/region-3 • Region 4 (AL, FL, GA, KY, MS, NC, SC, TN): https://www.hrsa.gov/about/organization/offices/hrsa-iea/region-4 • Region 5 (IL, IN, MI, MN, OH, WI): https://www.hrsa.gov/about/organization/offices/hrsa-iea/region-5 • For a list of all HRSA/IEA Regional offices, please visit: https://www.hrsa.gov/about/organization/offices/hrsa-iea
<p><i>ARC Local Development Districts</i></p>	<p>Local Development Districts (LDDs) — Also known as local Councils of Government, Regional Planning and Development Commissions, or Area Development Districts, LDDs are multi-county planning organizations facilitating community-based, regionally driven, economic development. Guided by local leaders, elected officials, business representatives, and other community stakeholders, ARC relies on LDDs to lead and leverage local partnerships to support grantees in their project efforts.</p>
<p><i>Recovery Ecosystem Index Mapping Tool</i></p>	<p>The Recovery Ecosystem Index Mapping Tool allows community organizations, policymakers, researchers, substance use treatment providers, other decision-makers, and the general public to explore county-level maps and create data dashboards to understand and measure the strength of substance use recovery ecosystems in their communities, and where additional resources are most needed to</p>

	provide support to individuals in recovery. Insights derived from this tool can be used to target resources and interventions to enhance recovery ecosystems.
<i>Department of Labor: Recovery-Ready Workplace Hub</i>	<p>A resource hub designed to support communities, employers, and individuals in recovery navigate the benefits of a recovery ready workplace (RRW).</p> <p>See subsequent pages (below) for the RRW consensus statement as approved by the Office of National Drug Control Policy (ONDCP). Please note that ONDCP's RRW model is complementary to the INSPIRE initiative, but not the sole focus of the INSPIRE Recovery to Work Ecosystem model.</p>
<i>ARC Disease of Despair Report</i>	This study analyzed the impact of diseases of despair on mortality within the Appalachian Region, focusing on mortality from three main causes: alcohol, prescription drug, and illegal drug overdose; suicide; and alcoholic liver disease/cirrhosis of the liver. It served as an update to ARC reports from 2017 and 2020 looking at the same issues, providing two additional years of single-year data that allowed recent trends to be analyzed.
<i>Effective Grant Writing</i>	<p>Through its READY Appalachia program, ARC offers a free curated resource website for nonprofit organizations on the topics of board development, fundraising, financial management, programs and operations, human capital, and marketing/communications.</p> <p>Users of this website are also provided with a free unlimited membership to GrantStation, a website that offers grant writing best practices and resources and a database for government and private grant opportunities. Anyone (not only nonprofit organizations) can access these resources for free by signing up at the READY Nonprofits website.</p>
<i>Shatterproof – Addiction Treatment Locator, Assessment, and Standards (ATLAS) Platform</i>	Created by Shatterproof, a national nonprofit leading the way in SUD stigma reduction, the ATLAS platform was created to assist individuals in searching for and comparing addiction treatment facilities in order to provide high-quality, evidence-based SUD care. Please note that at present, this platform only includes facilities in the following Appalachian states: New York, North Carolina, Pennsylvania, and West Virginia.
<i>Additional Resources</i>	<p>Opioids in Appalachia – The Role of Counties in Reversing a Regional Epidemic Provides recommendations and case studies designed to aid Appalachian leaders in their efforts to formulate a cohesive opioid response.</p> <p>Curated Library about Opioid Use for Decision-makers (CLOUD) An online collection of curated, evidence-based resources on opioids and the opioid crisis in the United States. The site's goal is to make it easier for decision-makers—including policy-makers, community leaders, payers, providers, patients, and caregivers—to find the actionable information they need to create innovative solutions.</p>

	<p>Overdose Mapping Tool A data-visualization tool that integrates overdose mortality rates for each Appalachian county with community factors such as unemployment, poverty, and disability rates. Users can compare county-level information to the rest of the Region and see a visual representation of how the data has changed over time.</p> <p>Substance Use Cost Calculator for Employers The cost calculator is an easy-to-use tool providing business leaders with specific information about the cost of substance use (including prescription drug use and misuse, alcohol use and misuse, opioid and heroin addiction, as well as use of other illicit drugs and cannabis) in their workplace based on size of employee base, industry, and state.</p> <p>Substance Use Disorders Recovery with a Focus on Employment This guide reviews the literature and science, examines best practices, identifies key components of peer-reviewed models that affect SUD policies and programs, and identifies challenges and gaps in implementation.</p> <p>Addiction Technology Transfer Center (ATTC) Network ATTC, established by the Substance Abuse and Mental Health Services Administration, hosts coordinating offices across the country – including in Appalachia – and can be a resource to support communities in fostering regional and national alliances, and accelerating the adoption of evidence-based SUD treatment and recovery services. Each regional office has its own field staff, resources specific to the needs of that area, and targeted opportunities for technical assistance.</p>
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Office of National Drug Control Policy (ONDCP) Recovery Ready Workplace (RRW) Consensus Statement

Note: This statement is included to provide you with information on how ONDCP, which is a component of the Executive Office of the President, defines RRW's. For further information please see the [DOL RRW website](#).

Recovery-ready workplaces are characterized by the adoption of policies and practices that:

- expand employment opportunities for people in or seeking recovery;
- inform employees in recovery that they may have the right to reasonable accommodations and other protections that can help them keep their jobs;
- reduce the risk of substance use and substance use disorder, including through education and steps to prevent injury in the workplace;
- facilitate help-seeking among employees with substance use disorder; and,
- ensure access to needed services, including treatment, recovery support, and mutual aid.

The benefits of recovery-ready workplaces to employers, employees, and the broader public are enormous – reducing turnover, improving productivity, reducing health care costs, expanding the labor force, and promoting overall worker well-being and recovery. Employers adopting such policies also help to ameliorate societal stigma and misunderstanding by fostering a culture in which substance use disorder is recognized as a health condition and individuals in or seeking recovery are welcomed and supported in the workplace.

Recovery-ready workplace policies may include:

- Developing and implementing innovative approaches for recruiting and creating employment opportunities for people in or seeking recovery, such as second-chance and supported employment models (like Individual Placement and Support) for people with or in recovery from substance use disorder;
- Leveraging tax credits, bonding programs, and partnerships (e.g., with treatment, recovery support, and workforce organizations; problem-solving courts; and other public or private entities) to facilitate the identification and onboarding of people with or in recovery from substance use disorder and/or to meet the needs current employees affected by addiction to alcohol or other drugs;
- Adopting explicit branding as a recovery-ready or recovery-friendly employer, communicating what that entails to current and prospective employees and the broader community;
- Establishing a team specifically responsible for overseeing efforts to become and remain a recovery-ready workplace; and,
- Launching or accommodating peer support networks that may deploy recovery mentors or peer specialists and educators to their employees.

The federal government, non-federal public sector, and the private sector can all establish recovery-ready workplaces. Additionally, states, local governments, unions, trade, or industry groups, Chambers of Commerce, or independent entities such as community-based organizations, can lead multi-employer efforts that offer training, technical assistance, consultation, and certification as recovery-ready workplaces.