21% of the state's population lives in the Appalachian Region. It represents 2% of the entire Appalachian population.

### Food Insecurity

**Food Insecure Population***

104,990

**Food Insecurity Rate**

- **App. MS**: 16.8%
- **MS Overall**: 16.8%
- **App. Region**: 13.0%
- **USA**: 11.5%

**Percentage Point Change in Food Insecurity Rate from 2010-2020**

- **App. MS**: -4.6
- **MS Overall**: -3.5
- **App. Region**: -2.2
- **USA**: -3.8

**Food Insecure Children**

28,650

**Childhood Food Insecurity Rate**

- **App. MS**: 19.9%
- **MS Overall**: 21.3%
- **App. Region**: 16.4%
- **USA**: 16.8%

### SNAP

**Number of Households Receiving SNAP**

31,943

**Percent of Households Receiving SNAP**

- **App. MS**: 13.5%
- **MS Overall**: 14.6%
- **App. Region**: 13.3%
- **USA**: 11.4%

**Percent of Households Below Poverty Line Receiving SNAP**

- **App. MS**: 41.4%
- **MS Overall**: 43.7%
- **App. Region**: 46.9%
- **USA**: 41.6%

The percent of households below poverty that receive SNAP benefits is an indicator of the extent to which households that are likely eligible for SNAP are receiving those benefits. A higher percentage indicates that more households are accessing SNAP benefits they are eligible for, while a lower percentage indicates that likely-eligible people are not accessing those benefits, suggesting that more robust or effective outreach efforts could maximize benefit utilization.

**Snap Retailers Per 1,000 Snap Households**

- **App. MS**: 21.1
- **MS Overall**: 19.6
- **App. Region**: 18.5
- **USA**: 18.1

*Total population numbers are 1-year estimates for 2020, while all other numbers, including Food Insecure Population, are based on five-year estimates for 2016-2020. Therefore, percentage calculations may not perfectly align.